

AURA AERIAL COMPETITION

RULES

Date

June 7th, 2026

Location

The Grammar School

Katinas Paxinou Street Panthea Hill, 4007

Limassol, Cyprus

Competition Area: Stainless steel structure (pyramid) with a soft landing mat beneath the apparatus.

Technical specifications of the structure: height 6.3 mt, ground footprint triangle 5.8 mt side

The competition is open for everyone

All participants who accept the competition rules are eligible to compete. All competitors participate at their own risk! Parents and coaches are responsible for ensuring that the competitors are in suitable health to participate. Coaches are responsible for assembling the choreography elements and selecting their level of difficulty.

The organizers and the venue provider accept no responsibility for any injuries occurring during the performance or the preceding warm-up or practice.

Coaches and competitors are responsible for the accuracy and authenticity of the information provided in the application.

Competitors must follow the event schedule and be present beside the stage at least three performances before their own.

Competitors must appear on stage within 5 seconds of being announced.

By submitting the application form, the competition rules are considered accepted.

The schedule is informative only; all participants must be ready to perform at least one hour before their planned time.

Competitors must wear their performance attire during the awards ceremony.

Swinging the apparatus is not allowed!

The Organizer reserves the right to record the performances and routines during the event. All photos and videos remain the property of the Organizer, who may use them for promotional purposes or delete them if they are deemed inappropriate based on the participation rules.

By registering, participants waive any rights to control or seek compensation for the use of photos or videos taken of them. The Organizer reserves the right to modify the rules or the event conditions (e.g., postponement, cancellation, etc.).

Organizer's Responsibilities:

Provide medical supervision during the event.

Ensure appropriate conditions for participants (changing rooms, warm-up area).

The Organizer is not responsible for participants' personal belongings.

The Organizer and its representatives of AURA AERIAL COMPETITION are not liable for any injury or damage resulting from participation in the event.

For any matters not regulated by this document, the Organizer has the right to make unilateral decisions.

The Organizer reserves the right to modify the participation rules, which will be published on their social media platforms where possible.

For any questions about props or equipment, the organizers will provide clarification.

CATEGORIES

BEGINNER

Kids 2019-2017 year of birth

Junior I 2016-2013 year of birth

Junior II 2013-2009 year of birth

Adult 2008+ year of birth

ADVANCED (PRO)

Junior I. 2016-2013 year of birth

Junior II 2013-2009 year of birth

Adult 2008+ year of birth

ORIGINAL PROP

Junior 2013-2009 year of birth

Adults 2008+ year of birth

Props that can be used in this category: aerial loops, straps, aerial net, rope, trapeze. Participants must bring their own prop for this category. Lift is not allowed.

The organizers reserve right to merge or separate categories depending on the amount of competitors, which will be published on their social media platforms by June 1st.

The jury reserves right to move a competitor from a beginner category to advanced in case it is agreed among the judges that the level of the athlete fits an advanced category.

Beginner:

They have never been in a competition or only once and never got 1st 2nd or 3rd in a competition where there were more the 5 competitors.

Advanced (Pro):

More experienced competitors. Already competed in multiple championships. In previous competitions got 1st, 2nd or 3rd place out of at least 6 competitors. Practising aerial gymnastics coaches and aerial performers.

PROPS

HOOP

SILK

ORIGINAL PROP (Aerial loops, straps, aerial net, rope, trapeze)

The organizers will provide red silks (nylon, medium stretch) 6 mt (12 mt full length) and hoops 85, 90,95,102 cm.

Participants are allowed to use their own prop. For Original prop category participants must bring their own apparatus.

Participation Requirements

Only athletes who have submitted a valid individual entry within May 15th, 2026 are eligible for their category.

MUSIC

Beginner: 2:15 - 3:00

Advanced (Pro): 3:00 - 4:00

The music must be in MP3 format (should be uploaded on the website during the registration)

Deadline: 15 May 2026

Choreo Requirements

Each choreography may contain floor work but only at the beginning of the program, floor work can't be put in the middle of the act. A short piece of floor work can be done at the end of the the program as a final part of the performance. Athletes may receive up to 5 points for the floor work.

Silks

Each choreography on silks must contain:

- flexibility elements (backbends, splits)
- at least one drop
- at least one spin
- balance or strength poses should be held for at least 4 seconds

BEGINNER CATEGORIES are not allowed to have: open grip drops, single foot drops, dynamic release/catch elements, balance split from a free-arm standing position, free-arm switch in a balance split (for example from a middle split to a side split)

Hoop

Each athlete is allowed to go down from the hoop up to two times. Spinning on hoop during the performance is mandatory (except dynamic parts). Each choreography on hoop must contain:

- flexibility elements (backbends, splits)
- at least one drop
- balance or strength poses should be held for at least 4 seconds

BEGINNER CATEGORIES are not allowed to have: heels hang (feet hang is allowed), dynamic release/catch elements, regrips when no body parts of the athlete are in contact with hoop (simple regrips when at least one hand is in contact with hoop are allowed), acrobatic dismounts (only dismount from knees on the lower bar is allowed), reverse meathook.

Original prop

Each athlete is allowed to go down from the prop up to two times. Each choreography on the original prop must contain:

- flexibility elements (backbends, splits)
- at least one drop

- balance or strength poses should be held for at least 4 seconds

BEGINNER CATEGORIES are not allowed to have: heels hang (feet hang is allowed), single foot hang, dynamic release/catch elements, acrobatic dismounts (only dismount from knees hang is allowed), reverse meathook, balance split from a free-arm standing position, free-arm switch in a balance split (for example from a middle split to a side split).

AWARDS

In each category the winner will receive a trophy and a medal and the 2nd and 3rd place will receive a medal.

Each performance (regardless of placement) receives a certificate.

Special Awards

As decided by the Jury, the following special awards will be presented:

NEW STAR AWARD
STAGE PRESENCE AWARD
STORYTELLING AWARD
CHOREOGRAPHY AWARD
POWER AWARD
DYNAMIC AWARD
FLEXIBILITY AWARD
ARTISTIC AWARD
1st Overall

Special awards will be presented during the final award ceremony.

In case of disputes, the Jury will make the final decision.

All jury decisions are final and cannot be appealed.

Competitors must not contact Jury members during the competition.

During the award ceremonies, all competitors are required to appear in their performance costume.

DEADLINES

Registration, paying the entry fee and music:

Before 15th May 2026

Application Requirements for Competitors

Application deadline and payment of registration fees: May 15,2026

A payment confirmation must be sent via email at

aura.studio.limassol@gmail.com

The registration is only valid once the confirmation is received.

The signed liability waiver must be sent via email

Medical certificate that confirms there's no medical condition that would increase risks in participation must be sent via email

By submitting the application form, the participant acknowledges and accepts the entire set of rules and regulations of the competition.

Entry fee:

1 prop: 50 Euro / person

2 props: 75 Euro / person

You have to send to:

BENEFICIARY

Oksana Krasan

IBAN:

LT77 3250 0528 4459 5412

BIC / SWIFT CODE

REVOLT21

BANK NAME AND ADDRESS:

Revolut bank UAB

Konstitucijos ave. 21B, 08130, Vilnius,
Lithuania

Correspondent BIC

CHASDEFX

With the competitor's name

After payment it can't be refund!